



M E T A C A R D S

Metacards are set of pictorial cards founded on Neuro Linguistic Programming principles. They have been with young people to provide a resource through which they can express themselves and make new meanings.

Metacards are easy to use and proven to be a highly effective engagement tool. All of the tools place the young person at the centre of the interaction. This empowering process means young people can take control of their own lives.

Comments from European Leonardo Metacards Evaluation

“They place young people in charge of the conversation”

“It was striking how quickly and easily they started talking about themselves and what is essential for them in their lives”

The cards are a doorway to a platform where the young person finds their own answers to unsolved issues in his or her life”

Mirror cards

These distinctive cards help young people focus on all areas of their lives. The mirror cards offer deliberately detailed these complex images directly address intuition to unearth the underlying issues and buried emotions. It is the very quality of these images that enables them to trigger reactions within young people that cannot normally be expressed vocally. In addition we provide a set of Road sign cards to formulate direction and meaning.



PowerCards



The power cards are part of a suite of resources called 'Meta Cards' which are used to support professionals in their guidance work with young people. They provide a framework from which young people can be creative and build their own futures, with the cards providing a structured approach to creating a pathway towards their goal.

Quite often when we work so hard to create a goal we fail to connect things up. Power cards open up future possibilities and illustrate how the young person's desired future can become an achievable reality.

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We are currently working in partnership with organisations in Denmark and Germany. We are keen to join with a Dutch partner to train them to use the Metacards and train other organisations under licence.

Contact me to find out more

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